



DAILY FAMILY MEAL

FEBRUARY 2019



MEATLESS MONDAY	"TACO" TUESDAY	WACKY WEDNESDAY	"THIRSTY" THURSDAY	FREE LUNCH FRIDAY	F.M. SATURDAY	SAMMY SUNDAY
				1 BANGERS & MASH	2 X	3 Brunch
4 VEGGIE STIRFRY	5 CHILI VERDE	6 LASAGNA	7 FRENCH ONION	8 FISH STICKS	9 GONNA	10 Reserve
11 MARKET OMELETE	12 CHIMICHANG	13 FILLY CHEZ STACK	14 CHEDDAR BACON LOVE	15 SHRIMP DUMPLINGS	16 GIVE IT	17 BRUNCH
18 CHILI RELLENOS	19 PIRI PIRI PORK	20 MEATLOAF & CARROTS	21 TOMATO SOUP GRILLED CHEESE	22 FRIED CHICKEN & CHAMPS	23 TO YA	24 RESERVE
25 GREEK EGGPLANT PLATTER	26 SHRIMP FAJITAS	27 BEEF CHOW FUN	28 ASPARAGUS CREAM	1 FISH TACOS		