



# DAILY FAMILY MEAL

**JULY 2019**



MEATLESS MONDAY	"TACO" TUESDAY	WACKY WEDNESDAY	"THIRSTY" THURSDAY	FREE LUNCH FRIDAY	F.M. SATURDAY	SAMMY SUNDAY
1 CHICKPEA MASALA	2 NACHOS	3 DONER KEBAB	4 FIREWORKS	5 CHICKEN CESAR	6 LINGUINE BOLOGNESE	7 BRUNCH
8 FALAFEL KERFAFEL	9 FLAUTAUS	10 CHICKEN AND PANCAKES	11 POZOLE	12 CORNED BEEF & CABBAGE	13 SUMMER PESTO	14 Sammmy
15 BUFFALO CAULIFLOWER	16 VEGGIE ENCHILADAS	17 WHITE LASAGNA	18 FLEMISH BEEF STEW	19 RED THAI CURRY	20 MACARONI SMACKARONI	21 ORDER AT WILL
22 VEGGIE LO- MEIN	23 CHICKEN FAJITAS	24 MYSTERY BIRRIA	25 ANTHONYS WHITE GAZPACHO	26 CHICKEN TIKKA MASALA	27 STIR FRY FEVER	28 EVERYTHING
29 BLACK BEAN TOSTADAS	30 LOADED CARNE ASADA TACOS					